

YOUR CORE SUPPLEMENTS
PRODUCT CATALOG



2025

PRO NUTRITION

LEAN
girl



MUSCLELAB

Capetown, Western Cape



TABLE OF CONTENTS

PRO NUTRITION

The following sections contains a detailed list of our Pro Nutrition Products





SERIOUS SIZE 2KG

- **MASS BUILDER WITH CREATINE**

SERIOUS SIZE has been scientifically formulated to the ratio of carbs/protein used by professional bodybuilders.

PRICE **R330**

Available Flavours:



CREATINE MONOHYDRATE

BENEFITS

- **AMPLIFY ATP PRODUCTION**
- **VOLUMIZE LEAN MUSCLE**
- **CLINICALLY PROVEN TO INCREASE POWER & STRENGTH**

PRICE **R290**

- **PHARMACEUTICAL GRADE CREATINE POWDER**

Is one of the most popular and effective bodybuilding supplements on the market. It is a compound that is 100% natural and is produced in the body and used to supply energy to our muscles

Available Flavours:



BCAA

HIGH PERFORMANCE BRANCHED CHAIN AMINO ACIDS

BCAA STACK contains Branch Chain Amino Acids which are used by elite athletes to support protein synthesis in order to create the muscle building anabolic climate necessary for increased recovery and lean muscle gain.

PRICE **R320**

BCAA Stack contains a precise combination of L-Leucine, L-Valine and L-Isoleucine that, when used correctly will decrease muscle breakdown during training and will accelerate post workout recovery.

Available Flavours:

THE PERFECT WEIGHTLOSS STRATEGY FOR LADIES





SERIOUS SIZE ANABOLIC 4.5KG

PRO NUTRITION EXTREME WHEY is a premium quality Whey Protein which has been instantized for easy mixing and formulated for great taste. This product contains no added fats or carbohydrates which makes it the ideal choice for adding lean muscle-building protein into your diet.

PRICE R560

Available Colors:



THERMO SLIM

- Superior Mental Focus and Energy
- Ultra Powerful Fat Burning Complex
- With High-Performance Amino Acids and More

PRICE R280

Available Colors:



EXTREME MASS 1KG

BENEFITS

- CONTAINS 100% IMPORTED WHEY PROTEIN
- PACKED WITH COMPLEX CARBOHYDRATES
- RAPID MUSCLE GROWTH & HYPERTROPHY
- ENHANCED RECOVERY & RECUPERATION

PRICE R250

Available Colors:



RELOAD

BENEFITS

- OPTIMUM CREATINE DELIVERY SYSTEM
- AMPLIFY RECOVERY WITH HIGH-PERFORMANCE AMINO'S
- L-GLUTAMINE BCAA'S CREATINE TAURINE LIPOIC ACID

PRICE **R350**

Available Flavours:



SHAKER BOTTLES

PRICE **R50**

Available Colors:



JOINT HEAL

Joint Heal contains the most effective nutrients known to support joint and connective tissue health.

PRICE **R250**

Available in:



CORESUPPLEMENTS

*"I'm still so happy to be people's champ. No one can take that from me." - Roelly Winklaar



PUMP N CUT

BENEFITS

- AMPLIFIED NITROVOL EFFECTS
- PRECISION RAZORCUT TECHNOLOGY
- SUGAR-FREE – ONLY 2.5g CARBS PER SERVING
- THERMOGENIC FAT BURNING

PRICE R350

Available Flavours:



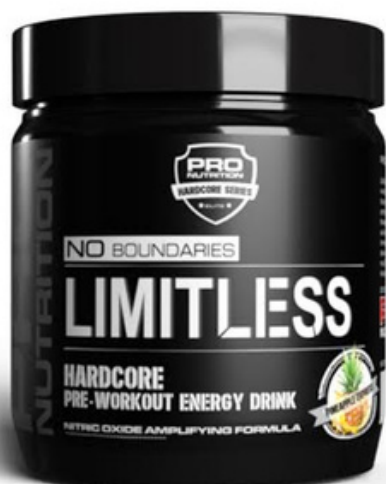
LIVER PROTECT

ANTIOXIDANT & LIVER SUPPORT

Formulated to provide maximum liver protection against damage caused by toxins, free radicals, alcohol, viruses and harmful drugs, using the highest quality ingredients

PRICE R250

Available In:



LIMITLESS PRE WORKOUT

Limitless pre-workout supplement has been specifically developed for the Hardcore athlete that wants NO boundaries. Formulated with HBCD (Highly Branched Cyclic Dextrin) its unique structure allows for faster digestion while providing a steady supply of glucose to the muscles and other tissues.

PRICE R350

Available Flavours:



WATER FLAVOUR DROPS

WATER FLAVOUR DROPS

Pro Nutrition Flavour Drops are a convenient, calorie-free way to add flavour and sweetness to your water. This product compliments your on-the-go lifestyle as it can be kept in your gym bag.

PRICE **R50**

Even leave one in your office or car. Make sure that you always have a bottle of Pro Nutrition Flavour Drops handy to enhance your water drinking experience.

Available Flavours:



BURN N FIRM

BENEFITS:

- ACCELERATE METABOLISM & BOOST ENERGY
- SUPPRESSES APPETITE
- TARGETS FAT IN STUBBORN AREAS
- ADVANCED CELLULITE REDUCTION

PRICE **R220**

Available Colors:



OMEGA MAXX

BENEFITS:

- SUPPORTS FAT METABOLISM
- REDUCES CHOLESTEROL
- POTENT ANTI-OXIDANT OMEGA 3 & 6
- ANTI - INFLAMMATORY

PRICE **R250**

- SUPPORTS MUSCLE
- DEVELOPMENT

Available Flavours:



SHAKE N SLIM

BENEFITS:

- Maximise Energy Levels
- Curbs Sugar Cravings
- Advanced Fat Reducing Micro-Nutrients
- Cholesterol-Free, Less Than 1 g Fat Per Serving

PRICE **R280**

Available Flavours:



BLUETOOTH HEADSETS

PRICE **R100**



NO BOUNDARIES

- > L-CITRULLINE
- > AGMATINE SULPHATE
- > BETA ALANIN
- > NITRATE INFUSED

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